

OUR LADY OF SORROWS AND ST. ANTHONY

Our Lady of Sorrows and Saint Anthony of Padua serving the Snoqualmie Valley from the crest of the Cascade Mountains at Snoqualmie Summit, West through North Bend, Snoqualmie Falls and Fall City, and North through Carnation including Ames Lake and Union Hill east of 244th Avenue Northeast.

ORDINARY TIME

The color green in the church tells us that we are back in Ordinary Time. Actually the word “ordinary” does not mean routine but “counted” or “ordinal” time. We enter into the 2nd, 3rd, 4th Sundays...all counted one after another. Winter Ordinary Time is just a few short weeks until we enter into the season of Lent (February 22nd this year). Summer and Fall Ordinary Times comprises the longest portion of the Liturgical Year, covering as much as six months of the calendar.

Ordinary Time challenges us with the demands of building the Kingdom. We listen to the Word of God which keeps reminding us of our call as Christians to internalize the teachings of the Lord and to live out what we proclaim. The miracles and the parables of Jesus are, for the most part, the subject of the Gospel readings. The task we are given is the same task Jesus had—to proclaim the reign of God in our midst—so this is hardly an ordinary mission. The prayers of the Mass ask for the gifts necessary to accomplish this task and they carry the same message: “Bring forth the Kingdom!”

Fifth Sunday in Ordinary Time B

Job 7:1-4, 6-7 God’s Restlessness—Almost everyone experiences depression. Some people struggle with it throughout their lives. Others have days or months when life seems hopeless. No one in the Bible experienced despair as much as Job. Job lost his livestock, his servants, his children and their homes due to the forces of nature and enemy troops. In swift succession, Job lost everything that was dear to him. At first, he accepts this. Job knows he came into the world with nothing and will leave this world with nothing. What he has belongs to God. God determines whether or not Job will keep it. “The LORD gave and the LORD has taken away; blessed be the name of the LORD.” But later, as the reality of his loss sinks in, Job experiences despair. “I have been assigned months of misery, and troubled nights have been allotted to me,” he says. “My days come to an end without hope. I shall not see happiness again.” When we experience those emotions we may feel far from God. The security we once felt in God’s presence departs. But Job’s raw emotions appear uncensored in the Bible and in the Sunday readings. All human experience finds its place under the mantle of God’s farseeing care.

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Saint of the Week Quote: *If then you remain constant in faith in the face of trial, the Lord will give you peace and rest for a time in this world, and forever in the next.*

- St Jerome Emiliani (1481–1537), Feast Day Feb 8

Welcome to the Catholic Faith Community of Our Lady of

Sorrows and St. Anthony! If you are visiting from another parish or if you are new to the area, we are very pleased that you have chosen to worship with us. We invite you to become a member of our parish family. Please contact the parish office or pick up a registration form in the parish hall and return it by mail or in the collection basket.



Today we continue a series of articles from Resource Publications on the Mass.

Introductory Rites

The introductory rites help the assembly become a worshipping community. They also prepare us to hear God’s word and celebrate the Eucharist.

There are several elements to the introductory rites of Mass. The cantor or another minister may introduce the liturgy. We sing the entrance song and make the sign of the cross. The presider greets us. The act of penitence or the rite of blessing and sprinkling water follow. We sing the Glory to God. Finally, the presider offers the collect. A lot happens in just a few minutes.

The cantor’s introduction may tell us about the music, the special nature of the celebration or the ministers of the day. Some communities invite members to greet one another.

The entrance song sets the tone of the celebration. We may sing a seasonal hymn or one that refers to the Scriptures of the day.

We sign ourselves with the cross, and the presider greets us with a phrase such as, “The Lord be with you.” Christians can trace that gesture and those words to the earliest days of the church.

The act of penitence or the sprinkling rite symbolizes our desire to enter this celebration in purity of heart.

On most Sundays we sing or recite the Glory to God in praise of the Trinity. This hymn comes immediately after the act of penitence, causing us to shift moods rather quickly.

The introductory rites all lead to the collect. When the presider says, “Let us pray,” we pause in silence. This prayer explains why we come for this Mass and gives God praise. It brings the introductory rites to a fitting close.

NEXT SUNDAY’S READINGS: As a way to prepare for next Sunday: Lev 13:1-2,44-46; 1 Cor 10:31-11:1; Mark 1:40-45

Holy Water Fonts—Each time we enter the church we bless ourselves with holy water. That rite is meant to remind us of our Baptism. Baptism is the way that we became part of the community of the faithful. It was our entrance into church (the people of God). It was the way that God made us God’s children, brothers and sisters of Jesus and of one another. So each time we enter the church we make that sign of our faith. The fonts at the entrance to the church contain holy water. This is the water that we use to renew our faith and the water we use to baptize.

Who is part of the entrance procession?

We all are.

As we come from our homes and gather from various locations, we begin the great procession into the church building. When we have gathered and it is time to begin, the ministers conclude the procession by following us into the building. Our participation at this time is to sing the gathering song.

St. Mary-on-the-Lake Peace & Spirituality Center 1663 Killarney Way, Bellevue:

Peace Days for Women—*Called to Forgive* led by Sheila Lemieux, CSJP Wed Feb 15, from 9:30am-2pm Free-will offering. Bring a sack lunch.

Day of Contemplative Prayer - for Women and Men Led by Kathleen Pruitt, CSJP and Kwan Wong Sat, Feb 18 from 9 am-noon. If you are new to Contemplative Prayer please come at 8:30 am for an introduction. Free-will offering

Fifth Sunday in Ordinary Time

1 Corinthians 9:16-19, 22-23

Using God-given Gifts

The hours of volunteering at parishes cannot be numbered. Parishioners serve in liturgical ministry, they prepare food, they teach, they visit the sick, they coach the young—it goes on and on. Most people volunteer because they enjoy working with others who share their faith, and they like giving back to God something they have received. Every gift God gives also comes with a desire to use it—as if God packaged our gifts with start buttons. Having gifts is one thing, but using them is something else. If we don’t use the gift we have, we feel it eating away within us. It wants to come out. The apostle Paul writes about his own vocation this way. He is a preacher. People have praised him for his ability, but Paul says, “If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it!” Paul felt the gospel like a raging river within him. He had to let it out. Otherwise, he would personally suffer. God has given us our gifts that we might use them. We have no reason to boast of our gifts—they were given to us. But we do have reason to use them. They will fulfill the purpose for which God made them, and all will come to know the greatness of our God.

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ABOUT OUR PARISH BULLETIN

There are currently several spaces available on the back page of our bulletin. If you would like to advertise your business or if you know someone who might be interested, please call the Catholic Printery (1-800-867-0660). Our thanks to the advertisers who provide most of the expense of printing our bulletin each week. We encourage you to patronize our advertisers and let them know you saw their ad in our bulletin.

Bulletin Humor: Puns for Educated Minds

- A dog gave birth to puppies near the road and was cited for littering.
- A grenade thrown into a kitchen in France would result in Linoleum Blownapart.
- Two silk worms had a race. They ended up in a tie.
- Time flies like an arrow. Fruit flies like a banana

WORLDWIDE MARRIAGE ENCOUNTER

Today’s gospel tells us that Jesus went off to a deserted place to pray; He took the time to refresh his spirit. When was the last time you took time to get away as a couple and renew your relationship? Deepen your communication, strengthen your relationship, rekindle your romance and renew your sacrament by attending the next Worldwide Marriage Encounter weekend, Feb 24-26 in Bellevue or April 20-22 in Centralia. For more info, visit: www.SeattleWWME.org or call (206) 772-2344 (Seattle/Bellevue); www.mrwwme.org

DID YOU KNOW...? Couples who use natural family planning have a divorce rate under 5%! Come to a complete natural family planning course to be held at St. Brendan’s Parish in Bothell. Learn about your Catholic faith and discover a modern, natural method of family planning that is 99% effective. The course consists of three sessions on the following Sundays: Feb. 12, Mar. 11 and Apr. 15 @ 6:30pm. Total cost is \$135. Scholarships available. Register at www.ccli.org. For more info: Marie & Scott Elmenhurst (425)788-2453 or email: book.maven@comcast.net

5TH SUNDAY IN ORDINARY TIME

Job 7:1-7; 1 Corinthians 9:16-23; Mark 1: 29-39

As you listen to this reading proclaimed again just now, how did it touch your heart? What did you hear? What word caught your ear?

Theme: Let us preach the good news to all!

Question for Children: What can you do to help your friends and classmates know more about Jesus?

Question for Youth: Jesus knew that his mission was for everyone, not just one village or group of people. How can you reach out to others (outside of friends and family) and offer them hope and Good News?

Question for Adults: If you were going to pray for healing for any reason, what would it be? What needs to be healed in our world and society?